

## Shiva Sankalpa Sūkta

यज्जाग्रतो दूरमुदैति दैवं तदु सुप्तस्य तथैवैति ।  
दूरङ्गमं ज्योतिषां ज्योतिरेकं तन्मे मनः शिव संकल्पमस्तु ॥  
yajjāgrato dūram-udaiti daivam tadu suptasya tathaivaiti  
dūraṅgamam jyotiṣām jyotirekam tanme manaḥ śiva saṅkalpamastu (1)

*The mind wanders far and wide when it is awake and returns to itself in sleep. May my mind that is the One Light of all lights be filled with auspicious thoughts.*

येन कर्माण्यपसो मनीषिणो यज्ञे कृन्वन्ति विदथेषु धीराः ।  
यदपूर्वा यक्षमन्तः प्रजानां तन्मे मनः शिव संकल्पमस्तु ॥  
yena karmāṅyapaso manīṣiṇo yajñe kṛṇvanti vidatheṣu dhīrāḥ  
yadapūrvam yakṣamantaḥ prajānām tanme manaḥ śiva saṅkalpamastu (2)

*May my mind by whose grace the wise praise Him and perform sacrifices, which is without parallel, venerable, and the core of all living beings, be filled with auspicious thoughts.*

यत्प्रज्ञानमुत चेतो धृतिश्च यज्ज्योतिरन्तः अमृतं प्रजासु ।  
यस्मान्न ऋते किञ्च न कर्म क्रियते तन्मे मनः शिव संकल्पमस्तु ॥  
yatprajñānamuta ceto dhṛtiśca yajjyotirantaḥ amṛtam prajāsu  
yasmāna ṛte kiñca na karma kriyate tanme manaḥ śiva saṅkalpamastu (3)

*May my mind which is intelligence, awareness, and retentive power, which is the immortal light in all beings, and without which no action is possible, be filled with auspicious thoughts.*

येनेदं भूतं भुवनं भविष्यत् परिगृहीतम् अमृतेन सर्वम् ।  
येन यज्ञस्तायते सप्त होता तन्मे मनः शिव संकल्पमस्तु ॥  
yenedam bhūtam bhuvanam bhaviṣyat pariḡhītam amṛtena sarvam  
yena yajñastāyate sapta hotā tanme manaḥ śiva saṅkalpamastu (4)

*May my deathless mind that pervades past, present and future and which protects and guides the ceremony of life consisting of seven priests (the fire), be filled with auspicious thoughts.*

यस्मिन् ऋचः साम यजूषि यस्मिन् प्रतिष्ठिता रथनाभाविवाराः ।  
यस्मिंश्चित्तं सर्वमोत्तं प्रजानां तन्मे मनः शिव संकल्पमस्तु ॥  
yasmin ṛcaḥ sāma yajūṣi yasmin pratiṣṭhitā rathanābhāvivarāḥ  
yasmimścittam sarvamotam prajānām tanme manaḥ śiva saṅkalpamastu (5)

*May my mind in which the Rig, Sama, and Yayur Vedas are fixed as spokes in the hub of a wheel, and which is connected to the minds of all living beings, be filled with auspicious thoughts.*

सुषारथिरश्वानिव यन्मनुष्यान् नेनीयतेऽभीशुभिर्वाजिन इव ।  
हृत्प्रतिष्ठं यदजिरं जविष्ठं तन्मे मनः शिव संकल्पमस्तु ॥  
suṣāraṭhiraśvaniva yanmanuṣyān nenīyate'bhīśubhirvājina iva  
hr̥tpratiṣṭham yadajiraṁ javiṣṭham tanme manaḥ śiva saṅkalpamastu (6)

*May my mind that leads as a good charioteer leads horses, and as rays of light lead the dawn, that is seated in the heart, that is ageless and the fastest moving force, may that mind be filled with auspicious thoughts.*